

AVIGuk Introductory Training Course in Video Interaction Guidance

*[Days and dates inserted here – the training may be
delivered across 2 full days or a combination of full
and half days]*

Facilitated by

VIG Supervisor 1

VIG Supervisor 2

(AVIGuk Accredited Supervisors)

Online (via Zoom)

Initial Training Course: Units 1 & 2

We will provide an introduction to VIG, and showing how and why it works. We will explore the underlying psychological theory of intersubjectivity. There will be an emphasis on using VIG with families with young children, although a range of applications will be introduced.

The skills training part of the course will focus on developing skills in microanalysing videos of parents interacting with their child. Strengths-based clips will be selected using the *Principles of Attuned Interactions and Guidance* which are at the core of VIG. You will have the opportunity to select clips from videos provided by the trainers.

[Timings to be completed]

Time	Unit 1
	Welcome and introductions
	What is VIG?
	Attunement: the core of VIG
	Break
	VIG applications & where is VIG used?
	VIG development
	Theory behind VIG
	Discussion

Time	Unit 2
	VIG Values & Beliefs
	Why focus on successful moments?
	Frameworks for VIG microanalysis
	VIG Process: 6 steps in a VIG cycle (Steps 1-4)
	Break
	Small group microanalysis activity

Initial Training Course: Units 3 & 4

Unit 4 will provide experiential training in conducting a 'shared review' in your small group. You will be using the video clips you prepared in Unit 2.

You will be filmed in your group, reviewing the selected clips in role play with the 'client'. You will receive strengths-based feedback in your group.

At the end of the course, you will be ready to take your first film with a client family, and to start VIG supervision.

Time	Unit 3
	Welcome back + Reflections and questions Next steps in training
	Adult-adult attunement
	Principles of Attuned Interactions & Guidance (PAIG)
	Step 5: the shared review
	Break
	Examples of VIG
	VIG frameworks for shared reviews
	Reflections/discussion
	Step 6: Generalising the VIG experience
	Parents' experience of VIG

Time	Unit 4
	Small group shared review activity
	Break
	Reflections and celebration of strengths in large group